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| **Module III: What Do I Want to Do?** |
| **Topic:** Values . . . What’s Important to You? |
| **Objective(s): Students will:**  2.0 Understand personal values and work skills in career planning. |
| **Goals: Students will:**  Become aware of how their values are an important part of determining what occupations would satisfy them and meet their needs. |
| **Length:** One class period |
| **Materials:**  Handout - *Value Assessment worksheet* |
| **Description of Activity:**  1. Discuss the concept of values with students. Identifying your personal values is an important part of developing career plans. In this context, the word "value" refers to how you feel about the work itself and the contribution it makes to society. Most people who pursue work that matches their values feel satisfied and successful in their careers. As you mature and have more life experiences, your values may change or even become more important in certain areas.   1. Work values can be divided into two functional categories. **Extrinsic** values relate to the favorable conditions that accompany an occupational choice, such as physical setting, earning potential, and other external features. For example, most people don’t look at a list of the highest paying jobs and decide that they want to choose one of them. Other things will come into play such as: do you have to travel, work on weekends, be willing to move, etc. How much education will you need? Salary alone will not make a person happy and satisfied with their work. 2. **Intrinsic** values are those that relate to a specific interest in the activities of the work itself, or to the benefits that the work contributes to society. Ask the class why they think people go into teaching? Health care occupations? What are some areas of research? What about environmental concerns? What about government officials such as the President, Governor, or other politicians? Most people, in order to feel truly satisfied with their work, must find some personal intrinsic value in it. 3. Give students the *Values Assessment* handout. After they complete the assessment, have them prioritize at least five values that are most important to them 4. Pick a few sample careers (like doctors, teachers, etc.) and hold an in-class discussion on what values students think are important if they were to choose these careers. |
| **Saving Worksheet(s):**  If desired and possible, students may store their completed worksheets for this lesson in their personal electronic folders on the school’s computer system that can be retrieved later, if needed. |

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