Name: Date: Grade/Class:

**Things I like to do**

People who enjoy going to work are doing things they like to do. Employees who enjoy their jobs get more work done. They are happier at work and at home.

* Think about things you like to do.*

* Make a list of 10 activities you enjoy doing, use ONLY action verbs. These activities are sometimes called skills. A skill is something you have learned how to do.* Example: Read novels and short stories

* Visualize doing these activities. Are you doing them alone or with others? Are you using objects or tools? Are you using words or numbers? Put a check in the box or boxes that describe the activity. For example, while playing soccer you are with others. Building robots requires using objects and tools. Reading novels requires working with words.*

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| --- | --- | --- | --- | --- |
| **Activity** | **Alone** | **Other People** | **Objects or Tools** | **Words or Numbers** |
| Read novels and short stories | **x** |  |  | x |
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* Make a list of five activities you do* ***not*** *like to do. Use ONLY action verbs.*

1.

2.

3.

4.

5.

**Thoughts and Reflections**

* List five things you really like to do.*

* List one thing you want to learn to do.*