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| **Module III: What Do I Want to Do?** |
| **Topic:** Selecting a Lifestyle/Reality Check |
| **Objective(s): Students will:**2.0 Understand personal values and employability skills in career planning |
| **Goal(s): Students will:**Do the Reality Check Assessment to determine what career clusters can support their desired lifestyles.  |
| **Length:** One class period |
| **Materials:** Complete the Reality Check Assessment using AzCIS. |
| **Description of Activity:**1. Everyone wants to be happy. But each person looks for happiness in a different way. Each one wants his or her own kind of life. The way you spend your time is called *lifestyle*.
2. When we talk about lifestyle you usually think of the kind of house you live in, the car you drive, how much money you have for leisure activities, clothes, vacations, jewelry, etc. It also involves work, friends, and personal choices. Many of the things just mentioned may sound materialistic. Money is not the most important thing to everyone so it is important that you think about what you value and the kind of life you want to lead. You may have the opportunity for a high paying job, but you have to travel all the time, the pressures are great, and you have little time to spend with your family. This may be just the ticket for some people but not others. You will spend most of your life working so you should choose a career that gives you the lifestyle you want. Salary, work hours, travel, and job responsibilities are examples of things that will impact your lifestyle.
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| 1. In this activity, students will look at one aspect of lifestyle. How will they financially support the lifestyle they want? The students will make some projections about their future lifestyle by completing the Reality Check Assessment using AzCIS using the following steps:
* Sign onto AzCIS Middle School Site and move the mouse cursor over the “WHERE AM I GOING?” from the top bar menu
* Select “Reality Check” from the Tools drop down menu to get to the REALITY CHECK page.
* Select “Start Your Reality Check” button to start. Select the appropriate city and start answering the prompt questions. Select the nearest city if your desired location is not available from the list of cities.
* Make sure to select all relevant boxes with pre-assigned costs by clicking on them. A selection is made when a green check mark appears. You can also enter your own amount if preferred.
* When completed, a monthly salary based on your selections for your selected city will appear. The Reality Check assessment outcome is an estimate of the salary you will need to attain to support the lifestyle you would like to have.
* IMPORTANT - select the “SAVE” button at the top of the page to save your assessment. Enter any thoughts you want to save. Note that you can restore the saved data by clicking on the “Restore Answer link”
* Select “Restore Answer Set 1” link to continue with the REALITY CHECK assessment.
* Select “NEXT” button to continue with the assessment of what occupations can support the salary you need for the lifestyle you selected.
* Select the type of Education or Training You plan to complete then click NEXT.
* Next is to determine which Career Cluster(s) you are interested in and what occupations can support your desired salary. Click YES to bring to the Career Clusters page and select the appropriate clusters of your choice then click Apply.
* Click NEXT to bring to the Results page of Occupations that can support your desired salary.
* IMPORTANT – click “SAVE” at the top of the page to save your results.
1. Remind students that not everything about lifestyle is related to money. As they are exploring careers, they should thoroughly research all aspects of a job to ensure that it meets their needs.
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| **Evaluation:**Students will be able to describe their future lifestyle and relate the importance of choosing an occupation that has the salary requirements necessary to achieve it. Students will also develop an awareness of other factors that will impact their lifestyle. |