Name: Date: Grade/Class:

**Qualities for Success**

Do you know what it takes to be successful when you grow up? Do you have qualities for success? How would you describe yourself during a job interview?

**Step 1: These personal characteristics describe people who are successful in school, the community and work. *Select at least five characteristics and up to ten that reflect the kind of person YOU think you are by BOLDING your selection. Example: Persistent is BOLD***

|  |  |
| --- | --- |
| **Persistent** | Likes challenges |
| Takes on responsibilities | Energetic |
| Leader | Works hard to get things done |
| Friendly | Works well with others |
| Easy to get along with | Sensitive to the feelings of others |
| Helpful  | Mature |
| Self-confident | Flexible |
| Accepts criticism | Stays calm when in stressful situations |
| Controls anger | Avoids being aggressive |
| Dependable | Thorough when doing work |
| Honest | Creative |
| Problem-solver | Thinks things through |
| Continues trying when the work gets difficult | Follows instructions |

**Step 2: *List five words or phrases that you think best describe the person you are.* You can use words or phrases that are not listed above.**

1.

2.

3.

4.

5.

**Step 3: *Ask at least one other person to describe the kind of person he or she thinks you are.***

**** *Have the person use the* ***How others see me*** *worksheet.*

**Step 4: *Compare your list of personal characteristics to the list from the other person(s).***

**** *Think about how the lists are similar or different.*

**** *Are there words and phrases on the person's list that you had not thought about in describing yourself? What are those words?*

1.

2.

3.

**Step 5: We all would like to improve ourselves in some way. *List two qualities would you like to work on to help you be more successful?***

1.

2.

**How others see me**

**Step 1:**

* Select and BOLD all the characteristics that reflect what your peer thinks about you.*

|  |  |
| --- | --- |
| Persistent | Likes challenges |
| Takes on responsibilities | Energetic |
| Leader | Works hard to get things done |
| Friendly | Works well with others |
| Easy to get along with | Sensitive to the feelings of others |
| Helpful | Mature |
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**Step 2:**

* Add additional comments about the success your peer thinks about you in school, community, and at home.*

**Thoughts and Reflections**

* List three qualities that help you be successful in your school, community, and home.*

**

*List one personal quality you want to improve on to be more successful.*