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| **Module II. Who Am I?** |
| **Topic:** Learning Styles and Study Habits  |
| **Objective**(s): Students will: 1.0 Identify individual interests, strengths, and personality traits.  |
| **Goals**: Students will determine which learning style best fits them. They will also use surveys to explore ways to improve their study skills.  |
| **Length**: One class periods  |
| **Materials:*** Handout – Learning Style Tips
* Handout - Study Skills and Why They Are important
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| **Description of Activity:**1. Students will go to the website below and answer the questions to determine their Learning Style: Auditory, Visual, or Tactile/Kinesthetic (Touch). Knowing a student’s Learning Style is important as it can help the student learn most effectively and achieve his/her best. This survey takes up about 10 minutes.

<http://www.educationplanner.org/students/self-assessments/learning-styles.shtml> 1. Once students have identified their particular learning style, group them together with students who have similar learning style and use the Learning Style Tips handout in the group discussion. Each group should identify the best practices the group determines to help them become even better learners. Take about ten minutes for the group discussion and five minutes per group to report out each group’s results.
2. Next, the teacher will review the Study Skills handout and hold a discussion on these Study Skills. Ask the class to add additional skills that they may follow but are not listed in the handout.
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